

# Bio-Data

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## Mountaineering Experience

| S.No. | Year | Mountain    | Team  | Season | Height(m) | Remark                 |
|-------|------|-------------|-------|--------|-----------|------------------------|
| 01    | 2005 | Mt. Everest | Int'l | Spring | 8848.86   | Summit                 |
| 02    | 2006 | Mt. Cho-Yo  | Int'l | Autumn | 8188      | Summit                 |
| 03    | 2007 | Sishapagma  | Int'l | Spring | 8027      | Summit                 |
| 04    | 2012 | Mt. Everest | Int'l | Spring | 8848.86   | Summit                 |
| 05    | 2013 | Mt. Everest | Int'l | Spring | 8848.86   | Summit                 |
| 06    | 2014 | Mt. Everest | Int'l | Spring | 8848.86   | Summit<br>(North Side) |
| 07    | 2016 | Mt. Everest | Int'l | Spring | 8848.86   | Summit                 |
| 08    | 2017 | Mt. Manaslu | Int'l | Autumn | 8163      | Summit                 |
| 09    | 2023 | Mt. Everest | Int'l | Spring | 8848.86   | Summit                 |
| 10    | 2023 | K2          | Int'l | Summer | 8611      | Summit                 |

- **Summited many 6000-7000m peaks more than ten times such as Lobuche East, Island and Mera Peak.**